



SWEET ADELINES  
INTERNATIONAL

Sweet Adelines International is a highly respected worldwide organization of women singers committed to advancing the musical art form of barbershop

harmony through education, competition and performance. This independent, nonprofit music education association is one of the world's largest singing organizations for women.

Members extend over five continents and belong to more than 500 choruses and 1,200 quartets. Sweet Adelines choruses and quartets sing exciting a cappella, four-part harmony music, barbershop style. The music includes special arrangements of today's ballads, classic songs, popular show tunes and mainstream music. Members say that singing the powerfully balanced sounds of barbershop harmony provides a rich, rewarding experience.

The Young Women In Harmony Program (YWIH) teaches emerging voices the skills, joy and rewards of performing and singing four-part harmony, barbershop style.

The YWIH Program delivers both musical excellence and education while it gives young women a taste of show business. This program provides educational tools to teach female singers under the age of 25 the joy of performing this unique American vocal music art form.



The Champlain Valley Chorus of Sweet Adelines is a chapter of Sweet Adelines International. Members meet weekly to sing, learn and have fun.

Throughout the year we love to share the barbershop form of singing. Our most popular season is Valentine's Day, when we provide singing Valentines throughout the area.

We have been very excited about our Sweet Expectations workshop and hope and look forward to welcoming more young ladies as we prepare for our fifth year.



For more information or registration forms:  
[www.champlainvalleychorus.org](http://www.champlainvalleychorus.org)

or contact:  
Diane Sabourin  
[sabourdm@gmail.com](mailto:sabourdm@gmail.com)  
518-569-6188



# Sweet Expectations



## YOUNG WOMEN IN HARMONY WORKSHOP

September 23, 2017

Stafford Middle School  
Plattsburgh

9:00 am — 5:00 pm

Sponsored by  
Champlain Valley Chorus



# SWEET EXPECTATIONS



*Sweet Expectations*, a Young Women in Harmony workshop is an event where girls, ages 13 through 18 are able to learn about 4-part a cappella barbershop style singing in a group setting.

Sheet music and learning tracks are provided in advance. On the day of the workshop, participants will arrive and spend the day working with an experienced clinician. Songs will be polished, choreography added, and the students will perform during the 5:00 show at the Stafford Middle School.

Joining them will be the Champlain Valley Chorus of Sweet Adelines and several other local singing groups.

Quotes from past participants:

“I loved being able to experience a more relaxed choral environment.”

“Learning new music and having 4 parts was my favorite.”

“The best part? All the singing, different techniques, and learning how to sing in parts.”

**REGISTRATION FEE: \$10.00**

(Includes t-shirt, sheet music, learning tapes)  
Participants will bring a bagged lunch, drink and snacks.

**DEADLINE: September 15, 2017**

*Although designed for the students, educators are welcome to attend and become more familiar with barbershop style music.*

*Sweet Adelines and Young Women in Harmony are members of NAfME, the National Association for Music Education.*



**About our Director:**

**Cody Hampton**



Cody Hampton is the Vocal/General/String Music teacher at Stafford Middle School. Mr. Hampton is originally from Champlain, New York, where he earned the rank of Eagle Scout at age 17.

Now 27 years old, he holds a Bachelor's Degree in Music Education (K-12) from the Crane School of Music, at SUNY Potsdam, and a Masters Degree in Music Education (K-12) with a concentration in Choral Conducting from the Hartt School of Music, at the University of Hartford. Mr. Hampton has previously directed the Allegany County School Music Association Show Choir in 2014 and 2016 and the Clinton County Music Educators Association Show Choir in 2017.

He is a certified New York State School Music Association evaluator. Currently in his sixth year of teaching, Mr. Hampton has received an Excellence in Musical Direction for *Guys and Dolls*, Meritorious Achievement in Musical Direction for *School House Rock Live!*, and Meritorious Achievement in Musical Direction for *Into the Woods* by the Theatre Association of New York State.

Mr. Hampton created the Stafford Middle School A cappella group known as Fermata Nowhere. This ensemble, composed of 6-8<sup>th</sup> grader students performs throughout Clinton County and beyond to share a cappella music with the community. Some notable performances have been the 2017 BOCES graduation, 2017 Honor Flight Ceremony, and the 2017 SUNY Plattsburgh Minor Adjustment A cappella Invitational.